

**The Union County Board of County Commissioners & the Department of Human Services**

**2023-2024 Union County Mental Health & Addiction Services Quick Reference Guide**

**24-HOUR EMERGENCY MENTAL HEALTH SERVICES**

- Mobile Community Outreach  
908-994-7131
- Trinitas Regional Medical Center  
908-994-7131
- Union County Mobile Response & Stabilization (Children)  
PerformCare  
877-652-7624
- Overlook Hospital  
908-522-2000
- RWJ University Hospital - Rahway  
732-381-4200
- Suicide & Crisis Lifeline  
Dial 9-8-8

**MENTAL HEALTH SERVICES**

**Crisis Intervention Services**

- Bridgeway Crisis Intervention Services (BCIS).....908-469-6517

**Adult Inpatient Psychiatric Services**

- Carrier Clinic, Belle Meade.....800-933-3579
- Greystone, Morris Plains.....973-538-1800
- Overlook, Summit.....908-522-2281
- Cornerstone, Berkeley Heights.908-790-5300
- Summit Oaks, Summit.....908-522-7071
- Trenton Psychiatric, W. Trenton.....609-633-1500
- Trinitas Regional, Elizabeth.....908-994-7250
- VA NJ, Lyons.....908-647-0180

**Children's Services**

- Child/Family Therapy and Medication Mgt. Performcare.....877-652-7624
- CenterPath Wellness.....908-756-6870
- Cooperative Counseling Services.....908-731-7099
- The Lamberts Mill Academy.....908-233-7581
- Day Treatment/After School Therapeutic Treatment Trinitas Regional MC.....908-994-7722
- Division of Child Protection & Permanency (DCPP) Cranford.....908-497-1488
- Elizabeth.....908-820-3000
- Plainfield.....800-847-1738
- Family Support for Children and Parents Families & Community Together (FACT).....908-789-8500
- Family Support Organization.....908-755-0090
- Youth Advocate Program (YAP).....973-624-1520
- Grief Counseling Imagine-A Ctr for Coping w/Loss.....908-264-3100
- Home Based Services Cooperative Counseling Services.....908-731-7099
- Family & Children's Services.....908-352-7474
- Family Preservation Services.....973-372-8079
- United Fam. & Children's Society.908-755-4848
- Inpatient Hospital Treatment Summit Oaks Hospital, Ages 5-17.....908-522-7071
- Trinitas Regional MC.....908-994-7712
- Outpatient Treatment (See Counseling Section) UC Youth Service Bureau.....908-558-2520
- Volunteers of America.....732-827-2444
- Residential Treatment Davis House, Ages 5-10.....973-485-3314
- New Point Residential Treatment.....908-994-7395

**Children's Services, continued**

- Supervised and Therapeutic Visitation Cooperative Counseling Ser.....908-731-7099
- Family and Children's Services.....908-352-7474

**Screening**

- Trinitas Regional Medical Center (Adult & Children).....908-994-7131
- UC Mobile Response (Children).....877-652-7624

**Community Support**

- Children & Family Child Behavioral Health Services, PerformCare.....877-652-7624
- Deaf & Hard of Hearing Access Center, Voice TTY.....800-792-8339
- Family Support & Education, Mental Illness NAMI of Union County.....908-233-1628

**HIV/AIDS**

- EIP Support Services, Trinitas Regional Medical Center.....908-994-7123
- Iris House.....908-561-5057
- NJ Homeless Hotline.....877-652-1148

**Homeless Persons, Mental Illness**

- Homeless Outreach of Bridgeway.....908-289-7330

**Integrated Case Management Service (ICMS)**

- Mount Carmel Guild.....908-497-3927

**Intensive Family Support Services (IFSS)**

- Mental Health Association in NJ in Union County.....908-810-1001

**Involuntary Outpatient Commitment (IOC)**

- Trinitas Regional MC.....908-994-7543

**Mental Health Services**

- Mental Health Association in NJ.....866-202-4357

**Program of Assertive Community Treatment (PACT), Bridgeway**

- PACT 1, Elizabeth.....908-352-0242
- PACT 2, Plainfield.....908-791-0505
- PACT 3, Union.....908-688-5400

**Self-Help Clearing House**

- Statewide Information.....800-367-6274

**Supportive Education Services**

- Bridgeway/UMDNJ.....908-687-9666

**Supportive Employment Services**

- Bridgeway.....908-686-2956

**Supportive Housing Services**

- Bridgeway.....908-249-4100

**Transportation**

- UC Paratransit System.....908-659-5000

**TLC Program - Trinitas**

- Trinitas.....908-994-7543

**Wellness Respite Services**

- Collaborative Support Programs of NJ Essex County.....862-229-1401
- Middlesex County.....732-354-4403
- Passaic County.....862-239-9896

**Counseling**

- CenterPath Wellness.....908-756-6870
- 117 Roosevelt Ave., Plainfield Children's Specialized Hospital.....908-233-3720
- 150 New Providence Rd., Mountainside Cooperative Counseling Services.....908-731-7099
- 407 Chestnut Street, Union Counseling Center for Human Development.....908-276-0590
- 201 Lincoln Ave. East, Cranford Trinitas Physicians Practice.....908-276-2244
- 300 North Ave. East, Cranford Family and Children's Services.....908-352-7474
- 40 North Ave., Elizabeth GenPsych.....855-436-7792
- High Focus.....800-877-3628

**Counseling, continued**

- Mount Carmel Guild Child/Family Outpatient, Medication Monitoring.....908-497-3968
- 108 Alden St., Cranford Neighborhood Health Service.908-546-1078
- Overlook Medical Center.....888-247-1400
- 2 Walnut Street, Summit Overlook Perinatal Program....888-247-1400
- PROCEED (Hispanic).....908-469-3200
- 1126 Dickinson Pl., Elizabeth Resolve Community Counseling Center.....908-322-9180
- 1830 Front St., Scotch Plains Summit Oaks Hospital.....908-522-7071
- 19 Prospect St., Summit Trinitas Regional Medical Center Adults.....908-994-7556
- 654 East Jersey St., Elizabeth Children.....908-994-7223
- 655 East Jersey St., Elizabeth United Family and Children's Society.....908-755-4848
- 305 West 7th St., Plainfield Youth and Family Counseling.....908-233-2042
- 233 Prospect St., Westfield

**SUBSTANCE USE DISORDER SERVICES**

**Co-Occurring Partial Care**

- Bridgeway Behavioral Health Services.....908-355-7200
- CenterPath Wellness.....908-756-6870
- High Point.....908-788-5979
- Trinitas Regional Medical Center.....908-994-7556

**Union County Helping Hands 365 24/7 Hotline staffed by Peer Recovery Specialists.....855-825-3275**

**Detox—Adult**

- Bergen New Bridge Medical Center.....800-730-2762
- 230 East Ridgewood Ave., Paramus New Hope Integrated BHCare.732-946-3030
- 80 Conover Road, Marlboro Summit Behavioral Health .....855-855-9199
- 1000 Galloping Hill Road, Union Summit Oaks Hospital.....908-522-7071
- 19 Prospect Street, Summit Turning Point, Inc.....973-239-9400
- 680 Broadway Ave., Suite 104, Paterson

**Detox—Adolescent**

- New Hope Integrated BHCare.732-946-3030

**Halfway House — Female**

- Alfre/Mrs. Wilson's.....973-540-0116
- Anderson House.....908-534-5818

**Halfway House — Male**

- New Hope Integrated BHCare.732-946-3030

**Intensive Outpatient Services**

- Bridgeway Behavioral Health Services.....908-355-7200
- 567 Morris Ave., Elizabeth CenterPath Wellness.....908-756-6870
- 117 Roosevelt Ave., Plainfield Counseling Center at Clark.....732-882-1920
- 60 Walnut Avenue, Suite 200, Clark Intervention Specialists.....908-289-0700
- GenPsych.....855-436-7792
- High Focus.....800-877-3628
- High Point.....908-788-5979
- Organization for Recovery.....908-769-4700
- 519 North Ave., Plainfield





**Intensive Outpatient Services,  
Continued**

Summit Behavioral Health .....855-855-9199  
1000 Galloping Hill Road, Union  
Summit Oaks Hospital.....908-522-7071  
19 Prospect Street, Summit  
Trinitas Regional MC.....908-994-7556  
655 East Jersey St., Elizabeth

**Interim Managing Entity (IME)  
1-844-276-2777**

Referral and authorization for addiction  
treatment -Medicaid & State contracts

**Intoxicated Driver Resource  
Center**

Union County .....908-527-4791

**Medicated Assisted Treatment**

Lennard Clinic.....908-352-0850  
Organization for Recovery.....908-769-4700  
Summit Oaks Hospital.....908-522-7071  
Trinitas Regional MC.....908-994-7556

**Outpatient Services—Adult**

Arise Counseling Services.....908-400-8643  
Bridgeway Behavioral Health  
Services.....908-355-7200  
CenterPath Wellness.....908-756-6870  
Counseling Center at Clark.....732-882-1920  
GenPsych.....855-436-7792  
High Focus.....800-877-3628  
High Point.....908-788-5979  
Intervention Specialists.....908-289-0700  
Jersey Behavioral Care.....908-291-2727  
Organization for Recovery.....908-769-4700  
Overlook Medical Center.....888-247-1400  
PROCEED, Inc.....908-469-3200  
Summit Oaks Hospital.....908-522-7071  
Trinitas Regional MC.....908-994-7556

**Outpatient Services—  
Adolescents**

High Focus.....800-877-3628  
PROCEED, Inc.....908-469-3200

**Residential Rehab Adult**

CURA Inc.....973-622-3570  
47 Lincoln Park, Newark  
New Hope Integrated BHCare.732-946-3030  
80 Conover Rd., Marlboro  
Summit Oaks Hospital.....908-522-7071  
19 Prospect Street, Summit  
Turning Point, Inc.....973-239-9400  
Barnet Medical Arts Complex, Paterson

**Residential Rehab Adolescent**

Acenda Integrated Health.....973-539-5764  
New Hope Integrated BHCare.732-946-3030

**Referral, Prevention  
Education, Early Intervention**

NJ Connect for Recovery (Opioids).....  
855-652-3737  
Prevention Links.....732-381-4100  
REACH NJ.....844-732-2465  
Union County Local Advisory Committee on  
Alcoholism and Drug Abuse  
(LACADA).....908-527-4844

**BEHAVIORAL HEALTH SERVICES**

**Developmentally Disabled**

ARC of Union County.....973-315-0000  
Children's Specialized Hospital.....908-233-3720  
Community Access Unlimited.....908-354-3040  
Inroads to Opportunities.....908-241-7200  
Jewish Family Services.....908-352-8375  
NJ Division of Developmental  
Disabilities.....888-285-3036

**Developmentally Disabled,  
Continued**

Our House, Inc.....908-464-8008  
Trinitas Crisis Assessment Response and  
Enhanced Services (CARES).....888-393-3007

**Older Adults / Elderly**

Adult Protective Services.....908-497-3902  
Alzheimer's/Dementia Jewish  
Family Services.....908-352-8375  
Care to Caregivers.....800-424-2494  
Holy Redeemer Home Care.....908-352-5694  
Jewish Family Services.....908-352-8375  
Retired Senior Volunteers  
(RSVP).....908-352-8375  
SAGE Eldercare.....908-273-5550  
Senior Citizens Council.....908-964-7555  
Trinitas Regional Med. Ctr.....908-994-7556  
Union County Division on  
Aging.....908-527-4870/4858  
S-COPE.....855-718-2699  
**Elder Citizens - DAY CARE**  
JFK Adult Medical Day Program.....908-912-1910  
SAGE Spend A Day.....908-598-5520  
WISE Center, Union.....908-687-2995

**Family Violence**

Domestic Violence Hotline.....908-355-HELP  
Central Jersey Legal Services, Inc.  
.....908-354-4340  
Counseling Center for Human Dev.  
Choices for Women.....908-276-0590  
Trinitas Physicians Practice.....908-276-2244  
Union County Rape Crisis Center  
.....908-233-7273  
Jewish Family Services.....908-352-8375  
Neighborhood Health  
Services.....908-546-1078  
Trinitas Regional  
Medical Center.....908-994-7556  
Victim/Witness Program.....908-527-4596  
YWCA of Eastern of UC.....908-355-1500

**Legal Services**

Bridgeway Justice  
Involved Services.....908-289-7330 (#3)  
Central Jersey Legal  
Services, Inc.....908-354-4340  
60 Prince St., Elizabeth  
Community Health  
Law Project.....908-355-8282  
65 Jefferson Ave., Elizabeth

**Organizations**

Coalaborative Support Programs  
(CSP).....732-780-1175  
Depression & Bipolar  
Support Alliance.....800-826-3632  
International Obsessive Compulsive  
Foundation.....617-973-5801  
Mental Health Association in NJ  
State Headquarters.....973-571-4100  
Union County Office.....908-810-1001  
NAMI, NJ.....732-940-0991  
NAMI, Union County.....908-233-1628  
Brain and Behavior Research Foundation  
.....800-829-8289  
NJ Division of Vocational Rehabilitation  
.....908-965-3940  
NJ Psychiatric Association.....908-588-3540  
NJ Psychological Association.....973-243-9800  
Supportive Housing Association of NJ  
.....908-931-1131  
UC Mental Health Board.....908-527-4846

**Rehabilitation Centers and  
Psychiatric Day Programs**

Bridgeway.....908-355-7200  
CenterPath Wellness.....908-756-6870  
GenPsych.....855-436-7792  
High Focus.....800-877-3628  
Inroads to Opportunities.....908-241-7200  
Mount Carmel Guild.....908-497-3968  
Overlook Medical Center.....888-247-1400  
Social Clubhouse.....973-376-2500

**Day Programs, continued**

Summit Oaks Hospital.....908-522-7071  
Trinitas Regional Medical Center  
.....908-994-7556  
654 East Jersey St., Elizabeth

**Residential Services**

**Residential Healthcare Facilities (RHCF)**  
Elizabeth House.....908-355-3406  
Park Hotel.....908-754-2211  
Advocate Group Care.....908-757-3579  
**Supervised Group Homes, Apartments,  
Transitional and Supportive Housing**  
Bridgeway Supportive  
Housing.....908-249-4100  
SERV.....833-226-7378  
Volunteers of America.....732-827-2453  
Dudley House (Veterans).....908-755-0646  
**Sober Living**  
Real House.....908-351-2265  
Oxford Houses.....www.njoxfordhouse.org

**Telephone Services / Helplines**

AA-Alcoholics Anonymous.....908-687-8566  
AI-ANON.....973-744-8686  
Caring Contact, Inc.....800-273-8255  
Child Abuse.....800-792-8610  
Council on Compulsive Gambling  
.....800-GAMBLER  
Domestic Violence.....908-355-HELP  
HIV Hotline.....800-624-2377  
NA-Narcotics Anonymous.....800-992-0401  
NAR-ANON.....800-992-0401  
Nat. Runaway Safe Line.....800-RUNAWAY  
Suicide & Crisis Lifeline.....9-8-8  
Need Help? Dial 2-1-1.....2-1-1  
NJ Connect  
(Opioid Helpline for Families).....855-652-3737  
NJ Helpline (Suicide Prevention).....855-654-6735  
NJ MentalHealthCares Helpline.....866-202-4357  
NJ Quitline (Smoking).....866-657-8677  
Peer Recovery Warmline.....877-292-5588  
Rape Crisis 24 Hour Helpline.....908-233-7273  
REACH NJ (Opioid).....844-732-2465  
2nd Floor Youth Helpline.....888-222-2228  
NJ VET 2 VET Hotline.....866-838-7654

**Support Systems**

MHANJ's Intensive Family  
Support Services (IFSS)  
(Mental Illness).....908-810-1001 ext. 118  
Rape Crisis Center Advocacy  
Program.....908-233-7273  
**Consumers of Mental Health Services**  
MHANJ's Consumer  
Connections.....732-451-4457 ext. 950  
MHANJ's Esperanza Wellness Center  
.....908-810-1001  
MHANJ's Peer Outreach Support Team  
(POST) (Mental Illness).....908-810-1001  
New Beginnings Self Help Center,  
Elizabeth.....908-352-7830  
Park Avenue Wellness Center,  
Plainfield.....908-757-1350

New Jersey

**MentalHealthCares**

1-866-202-HELP (4357)

NJ MentalHealthCares is New Jersey's  
comprehensive behavioral health manage-  
ment helpline and website serving profes-  
sionals and the general public. Calls are  
answered by trained staff who provide emo-  
tional support, assessment of presenting  
problems, and information and referral. The  
service is available live, 8 a.m. to 8 p.m.,  
Monday through Friday. Messages left dur-  
ing off hours are returned the next business  
day. This is a free, confidential service.  
Multilingual translation is available.

**NJ MentalHealthCares Helpline  
1-866-202-HELP(4357)**