

FAQ

What is Walking with Purpose?

WWP is an international organization that offers dozens of Bible study programs for women.

Yet WWP is so much MORE than a bible study! WWP offers a chance for women to meet and connect with other women in faith and experience authentic community.

By providing an opportunity for women to connect with other women and grow in their faith, WWP helps women feel welcome and supported in their faith community. We weren't meant to journey alone!

What does the program cover?

The heart of the WWP program is a Bible study for adult women. Run by lay women volunteers, the program welcomes all women irrespective of faith background, age, or marital status. The program incorporates at-home Scripture study for 15 minutes per day, weekly small group discussion, and monthly talks on relevant study material. You're always welcome at small group discussions even if you haven't read the Scripture study.

Is WWP offered in other places?

WWP is active in 593 parishes in the United States, Europe, and Canada. In New Jersey, WWP programs have started in numerous parishes, including St. Teresa in Summit, St. Patrick in Chatham, Church of the Presentation in Upper Saddle River, Saint Mary in Colts Neck and St. Denis in Manasquan. Walking with Purpose has helped more than 70,000 women deepen their relationship with Jesus Christ in the last year alone

How do I know if the study is for me?

Take it one week at a time! Give yourself this gift. WWP will not be one more thing on your plate. WWP IS THE PLATE that allows everything else to be carried with grace and strength that we couldn't have otherwise.

What WWP program will be offered at Saint Helen?

Our study program is Opening Your Heart, the starting point for WWP. The program uses Scripture and the teachings of the Church to point us to principles that help us manage life's pace and pressure while living with calm and steadiness.

When do the study sessions meet?

St Helen sessions will meet on Thursday evenings at 7:30 PM OR Friday mornings at 9:45 AM. Each session will run for approximately one hour.

Can I miss a session?

Yes, life happens! If you miss a lesson here and there, just try to get back to your group as soon as possible. Or, you can alternate between evening or morning sessions. No matter when you attend, we will always have a chair for you.

How long is the study?

The first half of the study, Opening Your Heart, is 11 weeks beginning February 1 & 2, 2024. The second half will be offered in the Fall.

Additional studies will be offered in the future; meeting length varies from 6 weeks to 22 weeks depending on the study.

If I can't attend Opening Your Heart now, can I attend in the future?

Yes, we will offer Opening Your Heart again as the need arises.