

# Session 5 – Understanding and Creative Charisms

Pages 36-42 of Gold Bound (GB) unless otherwise noted

**Welcome** everyone including those on Zoom

## Opening Prayer

Page 36

Leader can read the opening prayer on page 36 and the group can read the bottom prayer together.

## Discussion:

Ask how they felt during the prayer?

What is holding you back from making your life a “work of art”?

Ask them to think of something in their life they feel they CAN'T do. Then replace the words “I can't” with “I CHOOSE NOT” in the same sentence. Are we holding ourselves back from being who we can be.

## Charisms of Understanding

As has been the pattern leaders could ask for volunteers and discuss the charisms based on the wishes of the group.

1. Knowledge – (Page 171 FD, 139 GB, 47 BB) diligent study to understand God.  
Example is St. Thomas Aquinas who wrote Summa Theologiae.
2. Wisdom – (Page 174 FD, 146 GB, 89 BB) insight that leads to creative solutions  
Example is Solomon the son of David.  
Discussion: Wisdom and Knowledge are often confused, how are they different?

## Creative Charisms

1. Craftmanship – (Page 178 FD, 133 GB, 7 BB) sacred or secular artistic creativity  
Example is St. Joseph, foster father of Jesus, or Michelangelo, sculptor of the Pieta.
2. Music – (Page 180 FD, 142 GB, 63 BB) writing or performing music for others.  
Example is Giovanni da Palestrina who was a great singer.
3. Writing – (Page 182 FD, 147 GB, 93 BB) using words to create works of the truth and beauty.  
Example is C.S. Lewis who after his conversion influenced many through his writings.

## Discussion

What difference will discerning charisms make in your life?

How do you think your discerning will affect others?

Where is God calling you?

## Closing Prayer

Page 42