



# Small Groups

Parish Community of Saint Helen

**Sunday, September 10, 2023**  
**23<sup>rd</sup> Sunday in Ordinary Time**  
**Divine Echo Week 1**

**Opening Song: [Echo ~ Newport](#)**

## **Opening Prayer**

O Lord my God,  
teach my heart this day where and how to seek you,  
where and how to find you.  
You have made me and remade me,  
and you have bestowed on me  
all the good things I possess,  
and still I do not know you.  
I have not yet done that  
for which I was made.  
Teach me to seek you,  
for I cannot seek you  
unless you teach me,  
or find you  
unless you show yourself to me.  
Let me seek you in my desire,  
let me desire you in my seeking.  
Let me find you by loving you,  
let me love you when I find you.  
~*St. Anselm*

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Westfield, New Jersey  
[SaintHelen.org/Small-Groups](http://SaintHelen.org/Small-Groups)

## Reading

Rom 13:8-10

Brothers and sisters:

Owe nothing to anyone, except to love one another;

for the one who loves another has fulfilled the law.

The commandments, "You shall not commit adultery;

you shall not kill; you shall not steal; you shall not covet, "

and whatever other commandment there may be,

are summed up in this saying, namely,

"You shall love your neighbor as yourself."

Love does no evil to the neighbor;

hence, love is the fulfillment of the law.

## Reflection Video:

[The Weekend Homily](#)

## Discussion Questions

1. How can you tell the difference between human interactions motivated by love and actions motivated by the law?
2. How do we love our neighbors when so many of us don't know our neighbors due to work, etc?
3. How does loving God entail loving your neighbor, and loving your neighbor presuppose loving God?
4. How can you express your love of your neighbor more fully?
5. What do you think is the prevailing climate in the life of your parish: love or "the law," i.e. "the rules?"
6. How does one foster a community where law and love can exist in harmony with one another?

## Closing Prayer

Ask for the group intentions ~ *Lord hear our prayer* after each

Glory be to the Father,  
and to the Son,  
and to the Holy Spirit.  
As it was in the beginning,  
is now,  
and ever shall be,  
world without end.  
Amen.

## **Closing Reflection Song**

[Open the Eyes of My Heart ~ Paul Baloche](#)