



# Small Groups

Parish Community of Saint Helen

## Genesis

### Seven Life-Changing Encounters

### With the God of New Beginnings

### Chapter 5

### God of New Beginnings

1. Hospitality and Announcements: *15 minutes*
2. Opening Prayer ~ The Prayer on the Inside Cover of the Participant Book

Sir Richard of Chichester Prayer ~ *5 minutes*

Thank you, Lord Jesus Christ,  
For all the benefits and blessings  
For which you have given me.  
For all the pains and insults  
which you have borne for me.  
Merciful Friend, Brother and Redeemer.  
May I know you more clearly,  
love you more dearly,  
and follow you more nearly,  
Day by day.  
Amen

3. Scripture: But God remembered Noah and all the beasts and all the cattle that were with him in the ark. (Genesis 8:1a)

<https://bible.usccb.org/bible/genesis/6> Genesis 6:5-15; 7:1-5; 8:1, 20-22;  
9:1-9, 11-13

Genesis 6

5\* When the LORD saw how great the wickedness of human beings was on earth, and how every desire that their heart conceived was always nothing but evil,<sup>c</sup>

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6the LORD regretted making human beings on the earth, and his heart was grieved.\*

7 So the LORD said: I will wipe out from the earth the human beings I have created, and not only the human beings, but also the animals and the crawling things and the birds of the air, for I regret that I made them.\*

8 But Noah found favor with the LORD.

9 These are the descendants of Noah. Noah was a righteous man and blameless in his generation;<sup>d</sup> Noah walked with God.

10 Noah begot three sons: Shem, Ham, and Japheth.

11 But the earth was corrupt\* in the view of God and full of lawlessness.<sup>e</sup>

12 When God saw how corrupt the earth had become, since all mortals had corrupted their ways on earth,<sup>f</sup>

13 God said to Noah: I see that the end of all mortals has come, for the earth is full of lawlessness because of them. So I am going to destroy them with the earth.<sup>g</sup>

14 Make yourself an ark of gopherwood,\* equip the ark with various compartments, and cover it inside and out with pitch.

15 This is how you shall build it: the length of the ark will be three hundred cubits, its width fifty cubits, and its height thirty cubits.\*

#### Genesis 7

1 Then the LORD said to Noah: Go into the ark, you and all your household, for you alone in this generation have I found to be righteous before me.<sup>a</sup>

2 Of every clean animal, take with you seven pairs, a male and its mate; and of the unclean animals, one pair, a male and its mate;

3 likewise, of every bird of the air, seven pairs, a male and a female, to keep their progeny alive over all the earth.

4 For seven days from now I will bring rain down on the earth for forty days and forty nights, and so I will wipe out from the face of the earth every being that I have made.<sup>b</sup>

5 Noah complied, just as the LORD had commanded.

#### Genesis 8

1 God remembered Noah and all the animals, wild and tame, that were with him in the ark. So God made a wind sweep over the earth, and the waters began to subside.

20Then Noah built an altar to the LORD, and choosing from every clean animal and every clean bird, he offered burnt offerings on the altar.

21When the LORD smelled the sweet odor, the LORD said to himself: Never again will I curse the ground because of human beings, since the desires of the human heart are evil from youth; nor will I ever again strike down every living being, as I have done.<sup>b</sup>

#### Genesis 9

1\* God blessed Noah and his sons and said to them: Be fertile and multiply and fill the earth.<sup>a</sup>

2\* Fear and dread of you shall come upon all the animals of the earth and all the birds of the air, upon all the creatures that move about on the ground and all the fishes of the sea; into your power they are delivered.

3<sup>b</sup> Any living creature that moves about shall be yours to eat; I give them all to you as I did the green plants.

4<sup>c</sup> Only meat with its lifeblood still in it you shall not eat.\*

5 Indeed for your own lifeblood I will demand an accounting: from every animal I will demand it, and from a human being, each one for the blood of another, I will demand an accounting for human life.<sup>d</sup>

6\* Anyone who sheds the blood of a human being, by a human being shall that one's blood be shed; For in the image of God have human beings been made.<sup>e</sup>

7 Be fertile, then, and multiply; abound on earth and subdue it.<sup>f</sup>

8\* God said to Noah and to his sons with him:

9 See, I am now establishing my covenant with you and your descendants after you<sup>g</sup>

11 I will establish my covenant with you, that never again shall all creatures be destroyed by the waters of a flood; there shall not be another flood to devastate the earth.<sup>h</sup>

12 God said: This is the sign of the covenant that I am making between me and you and every living creature with you for all ages to come:

13<sup>i</sup> I set my bow in the clouds to serve as a sign of the covenant between me and the earth.

4. Watch [the video](https://www.dynamiccatholic.com/plus/genesis/genesis-5.html) and use the response sheet on page 84 *20 minutes*  
<https://www.dynamiccatholic.com/plus/genesis/genesis-5.html>

5. Small Group Discussion *20-30 minutes*

- Questions on Page 75-81 {whatever question speaks to you}
- Leave 5-10 minutes for Journaling on page 85 {Optional}

6. Closing Prayer ~ From the Back Cover of the Participant Guide

Prayer of a Dynamic Catholic *5 minutes*

Loving Father, I invite you into my life today and make myself available to you.

Help me to become the best version of myself by seeking your will and becoming a living example of your love in the world.

Open my heart to the areas of my life that need to change in order for me to carry out the mission and experience the joy you have imagined for my life.

Inspire me to live the Catholic faith in ways that are dynamic and engaging.

Show me how to best get involved in the life of my parish.

Make our community hungry for best practices and continuous learning.

Give me courage when I am afraid, hope when I am discouraged and clarity in times of decision.

Teach me to enjoy uncertainty and lead your Church to become all you imagined it would be for the people of our times. Amen

Note to Group:

Next week prior to the meeting ~

Scripture Focus: Genesis 12:1-2

Suggested Reading: Genesis 12:1-8, 15:1-6, 17:1-22

Pages 90-103 In the workbook