



Small Groups

Parish Community of Saint Helen



Sunday, May 7, 2023
Fifth Sunday of Easter
In the Zone Week 4

Opening Song

[Raise a Hallelujah ~ Saint Helen Band](#)

Opening Prayer

You are the way, the truth, the life
Without the way there is no going
Without the truth there is no knowing
Without the life there is no growing
Show us the way, that we may go
Teach us the truth, that we may know
Grant us the life, that we may grow
Eternally.
Amen.

Theodore J. (Ted) Tracy, S.J.

Gospel

Jn 14:1-12

Jesus said to his disciples:

"Do not let your hearts be troubled.

You have faith in God; have faith also in me.

In my Father's house there are many dwelling places.

If there were not,

would I have told you that I am going to prepare a place for you?

And if I go and prepare a place for you,

I will come back again and take you to myself,

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so that where I am you also may be.
Where I am going you know the way."
Thomas said to him,
"Master, we do not know where you are going;
how can we know the way?"
Jesus said to him, I am the way and the truth and the life.
No one comes to the Father except through me.
If you know me, then you will also know my Father.
From now on you do know him and have seen him."
Philip said to him,
"Master, show us the Father, and that will be enough for us."
Jesus said to him, "Have I been with you for so long a time
and you still do not know me, Philip?
Whoever has seen me has seen the Father.
How can you say, 'Show us the Father'?
Do you not believe that I am in the Father and the Father is in me?
The words that I speak to you I do not speak on my own.
The Father who dwells in me is doing his works.
Believe me that I am in the Father and the Father is in me,
or else, believe because of the works themselves.
Amen, amen, I say to you,
whoever believes in me will do the works that I do,
and will do greater ones than these,
because I am going to the Father."

Reflection Video: [Link to the Weekend Message](#)

Discussion Questions

1. What questions are the disciples struggling with?
2. Who has inspired or inspires your life? How have you seen Christ in them?

3. We hear in the gospel Jesus say, "Whoever believes in me will do the works that I do, and will do greater ones." Our Christian faith requires us to serve one another as an expression of our belief in God. How has the Holy Spirit empowered you for holiness and service?
4. Looking back at the text, what does Jesus reveal about the trinity in this gospel?
5. "If then, you ask which way to go, accept Christ, for he is the way....
If you ask where to go, cling to Christ, for he is the truth we desire to reach....
If you ask where to remain, remain in Christ, because he is the life."
~ *St. Thomas Aquinas, In Ioannem, Chapter 14, Lecture 2, 1866-1870.*
How does this resonate in your heart?

Closing Prayer

Ask for the group intentions ~ *Lord hear our prayer* after each

Glory be to the Father,
and to the Son,
and to the Holy Spirit.
As it was in the beginning,
is now,
and ever shall be,
world without end.

Amen.

Closing Reflection Song [Let Your Mercy Wash Over Us ~ Trevor Thomson](#)