



Small Groups

Parish Community of Saint Helen



Sunday, March 19, 2023
4th Sunday of Lent
On The Right Track Week 4

Suggested reading for this session:
Pages 112 to 149

Opening Song

[Return to God ~ John Agnotti](#)

Opening Prayer

Christ has no body but yours,
No hands, no feet on earth but yours,
Yours are the eyes with which He looks
Compassion on this world,
Yours are the feet with which He walks to do good,
Yours are the hands, with which He blesses all the world.
Yours are the hands, yours are the feet,
Yours are the eyes, you are His body.
Christ has no body now but yours,
No hands, no feet on earth but yours,
Yours are the eyes with which he looks
compassion on this world.
Christ has no body now on earth but yours.
— St. Teresa of Ávila (attributed)

Gospel

JN 9:1-41

As Jesus passed by he saw a man blind from birth.
His disciples asked him,
"Rabbi, who sinned, this man or his parents,
that he was born blind?"

1600 Rahway Ave
Westfield, New Jersey
SaintHelen.org/Small-Groups

Jesus answered,
"Neither he nor his parents sinned;
it is so that the works of God might be made visible through him.
We have to do the works of the one who sent me while it is day.
Night is coming when no one can work.
While I am in the world, I am the light of the world."
When he had said this, he spat on the ground
and made clay with the saliva,
and smeared the clay on his eyes,
and said to him,
"Go wash in the Pool of Siloam" —which means Sent—.
So he went and washed, and came back able to see.

His neighbors and those who had seen him earlier as a beggar said,
"Isn't this the one who used to sit and beg?"
Some said, "It is, "
but others said, "No, he just looks like him."
He said, "I am."
So they said to him, "How were your eyes opened?"
He replied,
"The man called Jesus made clay and anointed my eyes
and told me, 'Go to Siloam and wash.'
So I went there and washed and was able to see."
And they said to him, "Where is he?"
He said, "I don't know."

They brought the one who was once blind to the Pharisees.
Now Jesus had made clay and opened his eyes on a sabbath.
So then the Pharisees also asked him how he was able to see.
He said to them,
"He put clay on my eyes, and I washed, and now I can see."
So some of the Pharisees said,
"This man is not from God,
because he does not keep the sabbath."
But others said,
"How can a sinful man do such signs?"
And there was a division among them.
So they said to the blind man again,
"What do you have to say about him,

since he opened your eyes?"

He said, "He is a prophet."

Now the Jews did not believe
that he had been blind and gained his sight
until they summoned the parents of the one who had gained his sight.

They asked them,

"Is this your son, who you say was born blind?"

How does he now see?"

His parents answered and said,

"We know that this is our son and that he was born blind.

We do not know how he sees now,
nor do we know who opened his eyes.

Ask him, he is of age;

he can speak for himself."

His parents said this because they were afraid of the Jews,
for the Jews had already agreed
that if anyone acknowledged him as the Christ,
he would be expelled from the synagogue.

For this reason his parents said,

"He is of age; question him."

So a second time they called the man who had been blind
and said to him, "Give God the praise!

We know that this man is a sinner."

He replied,

"If he is a sinner, I do not know.

One thing I do know is that I was blind and now I see."

So they said to him,

"What did he do to you?"

How did he open your eyes?"

He answered them,

"I told you already and you did not listen.

Why do you want to hear it again?

Do you want to become his disciples, too?"

They ridiculed him and said,

"You are that man's disciple;

we are disciples of Moses!

We know that God spoke to Moses,

but we do not know where this one is from."
The man answered and said to them,
"This is what is so amazing,
that you do not know where he is from, yet he opened my eyes.
We know that God does not listen to sinners,
but if one is devout and does his will, he listens to him.
It is unheard of that anyone ever opened the eyes of a person born blind.
If this man were not from God,
he would not be able to do anything."
They answered and said to him,
"You were born totally in sin,
and are you trying to teach us?"
Then they threw him out.

When Jesus heard that they had thrown him out,
he found him and said, "Do you believe in the Son of Man?"
He answered and said,
"Who is he, sir, that I may believe in him?"
Jesus said to him,
"You have seen him,
the one speaking with you is he."
He said,
"I do believe, Lord," and he worshiped him.
Then Jesus said,
"I came into this world for judgment,
so that those who do not see might see,
and those who do see might become blind."

Some of the Pharisees who were with him heard this
and said to him, "Surely we are not also blind, are we?"
Jesus said to them,
"If you were blind, you would have no sin;
but now you are saying, 'We see,' so your sin remains.

Reflection Video: [God Still Wants More From You](#)

If your group chooses to listen to the weekend Homily you can find it at:
sainthelen.org/podcast/

1600 Rahway Ave
Westfield, New Jersey
SaintHelen.org/Small-Groups

Discussion Questions

1. Was there a part of the Gospel or weekend message that resonated with you?
2. What are your reactions to the image on page 113?
3. At this point in Lent, we heard in the video that some experience Lenten fatigue. How has our small group helped to enrich your Lenten experience?
4. We hear often about *Blind Spots*. How can recognizing our spiritual blindness increase our relationship with God... and with others?
5. When did you first see Jesus as the light of *your* world?
 - How has your trust in Jesus and your commitment to Him progressed over time?
6. How do you recognize the value of all people in your community? Share a story about one of them.

Closing Prayer

The Parish Lenten Penance Service is Tuesday March 28th at Holy Trinity at 7:30 pm

Ask for the group intentions ~ *Lord hear our prayer* after each

Glory Be to the Father,

And to the Son, and to the Holy Spirit.

As it was in the beginning, is now

and ever shall be world without end.

Amen

Closing Reflection Song

[Christ In Me Arise ~ Trevor Thomson](#)

1600 Rahway Ave
Westfield, New Jersey
SaintHelen.org/Small-Groups