

# Confirmation at Saint Helen

What is the Confirmation Program here at Saint Helen? It is a two-year program that begins in 9th grade and ends with the Rite of Confirmation in April/May of the 10<sup>th</sup> grade year. Let's take a deeper look at the requirements for each year.

9th Grade is a dynamic combination of large group interactive experiences with leading edge technology and video-based programs from Ascension Press and Dynamic Catholic. All sessions will be led by a team of Peer Ministers here at the Parish Center.

All 9th Grade students are encouraged to serve the community for eight (8) hours or more so they can build on the experiences they created during their middle school years. All 9th grade students must attend an adoration session and submit the feedback form. All forms are on our website.

The highlight of the 9th grade year is our freshman retreat. In-demand Catholic speaker and celebrity, Justin Fatica is our keynote speaker for the day. He and his Hard as Nails Team, in conjunction with witness talks from our Peer Leaders, make for a once-in-a-lifetime experience.

We understand the demands of our busy teens and have designed a program that provides unique experiences that can be easily planned and integrated into their schedules. All large group sessions, the retreat and adoration are required for the 9th grade year. Attendance at all large group sessions is mandatory.

10th Grade Confirmation builds on the work of the 9th grade year. Our large group sessions will focus on how the Holy Spirit can help you in your everyday life and interactive sessions featuring guest speakers.

10th grade offers an optional retreat for candidates that really want to take their faith to the next level. Our retreat will be an overnight here at Saint Helen. This retreat is run exclusively by our Youth Minister and team of Peer Ministers.

The cornerstone of the 10th grade year is the individual service project. Each candidate must create a service project where they need to serve the community for a minimum of ten (10) hours and write a report describing their experiences and all the steps necessary for the project.

All large group sessions, one adoration night and the service project are required to be confirmed in the tenth grade year. Attendance at all sessions is mandatory.