



PARISH COMMUNITY OF SAINT HELEN  
Eucharistic Adoration

Join us for our monthly adoration and spend personal time with Jesus. The beauty of the darkened Church illuminated by candles helps us enter the mystery of our Lord's presence in the Eucharist. There is prayer, sacred music and time for quiet reflection. It concludes with solemn Benediction.

*Come be renewed!*



Name: \_\_\_\_\_ Grade: \_\_\_\_\_

Date Attended: \_\_\_\_\_

Who did you attend with? \_\_\_\_\_

Explain your experience. Were you moved by anything? Be specific.

What did you like/dislike about the experience?

Would you attend again on your own? Be honest! 😊 Yes/ No \_\_\_\_\_