

MIDDLE SCHOOL 5-8

Large Group #2 – Why Do I need to go to Mass? Encountering Jesus in the Eucharist.

One of our
students will
read the
opening
prayer to the
group

OPENING PRAYER

Opening Prayer

Luke 22:14-20

14 When the hour came, he took his place at table with the apostles. **15** He said to them, “I have eagerly desired to eat this Passover^[a] with you before I suffer, **16** for, I tell you, I shall not eat it [again] until there is fulfillment in the kingdom of God.” **17** Then he took a cup,^[b] gave thanks, and said, “Take this and share it among yourselves; **18** for I tell you [that] from this time on I shall not drink of the fruit of the vine until the kingdom of God comes.” **19** ^[c]Then he took the bread, said the blessing, broke it, and gave it to them, saying, “This is my body, which will be given for you; do this in memory of me.” **20** And likewise the cup after they had eaten, saying, “This cup is the new covenant in my blood, which will be shed for you.



TRIVIA

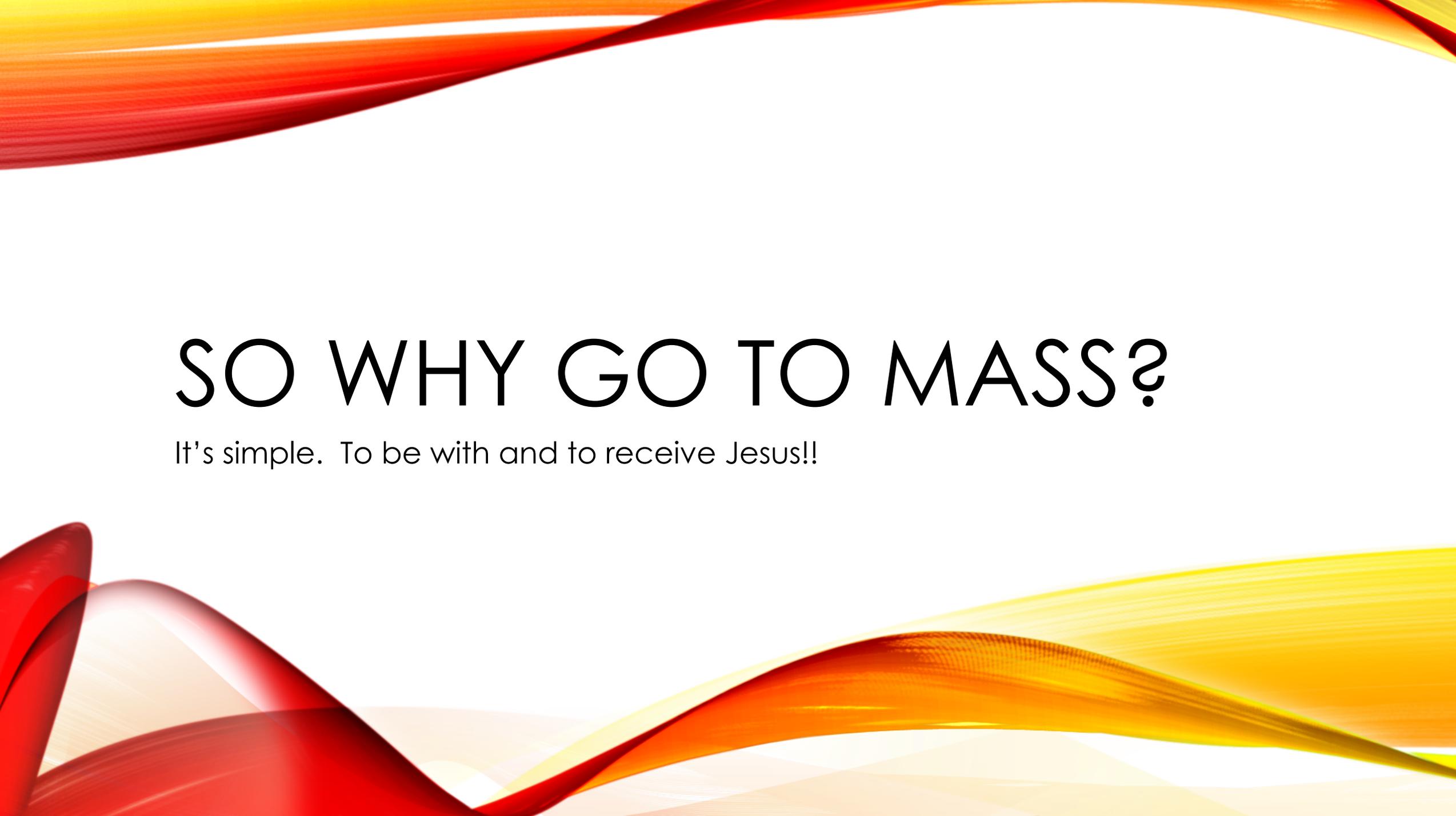
Get out your phone or log on to Kahoot!

SPOTLIGHT LESSONS

- Spotlight 1 – The Creed
 - What do we believe and Why? Do you believe there is a God, or do you BELIEVE in God?
- Spotlight 2 – Origins of the Mass and why you should go.
 - Jesus give us the mass at the last supper.
 - Fr. Frank reflected on the early church, his call to the priesthood and gives is a compelling reason why we should go to mass
 - When we receive Jesus in the Eucharist, we become like him. When we become like Jesus in the world, we can change the world.

SPOTLIGHT LESSONS

- Spotlight 3 – What is a Missionary Disciple and how you can be one!
 - We learned about evangelization and the ways we can invite others to attend mass, to serve the poor and to experience our faith.
- Spotlight 4 – Creation and Stewardship
 - We learned that God is the creator of everything, and he gives the the responsibility to take care of all creation.
 - We learned about Stewardship, Dominion and Subsidiary.
 - So Why do we need to to go mass?
- Today we will look at the mass but more importantly how we accept Jesus during the mass and how can we be more like him in our everyday lives.



SO WHY GO TO MASS?

It's simple. To be with and to receive Jesus!!



GOAL OF LESSON

- The goal of this lesson is to look at the mass and discover that it is Jesus that makes the mass special and unique.
- To know how to go to mass and how to receive Jesus each week.

WHAT KEEPS US FROM GOING TO MASS?

- We ignore the saving grace given to us through the mass.
- Too many distractions or activities in our lives.
- Our parents or family members do not want to go
- We do not understand it
- Mass is too formal
- Your reasons??

The background features abstract, flowing waves in shades of red, orange, and yellow, creating a dynamic and energetic feel. The waves are layered and semi-transparent, giving a sense of depth and movement.

CHOSEN VIDEO

Lesson 15.1 What Happens At Mass?

PARTS OF THE MASS

- Liturgy of the Word – We hear readings from the Old Testament and New Testament. The priest will read the Gospel
- We pray for those in our community
- Liturgy of the Eucharist – We recall the Last Supper and reflect on the great sacrifice Jesus made for us.
- Transubstantiation – Bread and wine are transformed into the Body and Blood of Jesus

WHAT'S THAT WORD?

- Eucharist – (Greek word for Thanksgiving) we receive the Body, Blood, Soul and Divinity of Jesus under the appearance of bread and wine. Not a symbol but it is truly Jesus.
- Liturgy – is the public prayer of the Church. It includes the mass, celebrations of other sacraments and celebrations of the seasons and feast of the liturgical year, such as Advent, Lent and Pentecost.

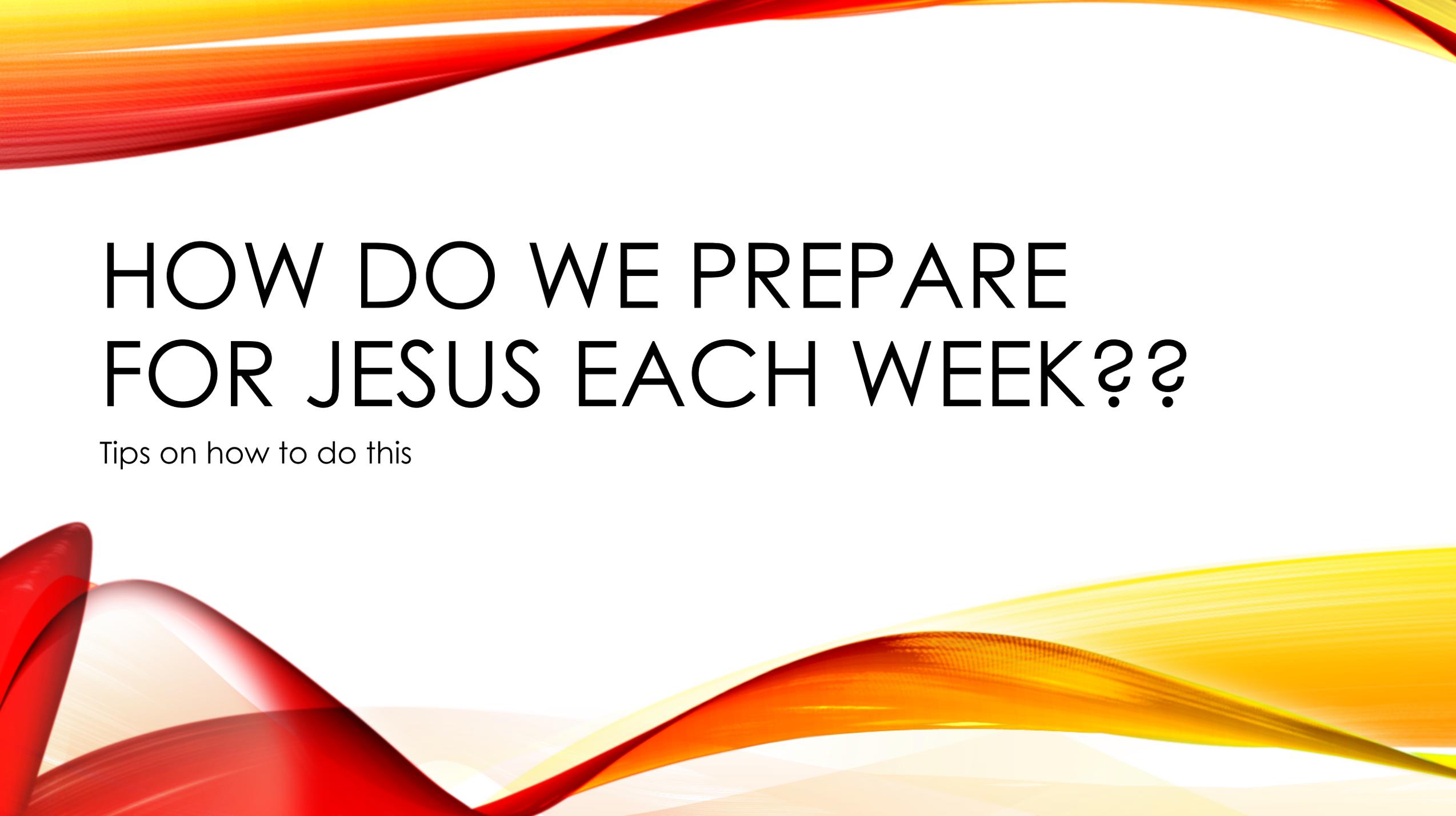
WHAT'S THAT WORD?

- Mass – The English word for Mass comes from the same root as the word Mission. We are on a mission of love. To spread the Good News of Jesus to everyone.
- Remember there are two parts to the mass – Liturgy of the Word, where we hear readings from scripture and the Liturgy of the Eucharist in which the consecrated bread becomes the Body and Blood of Christ whom we receive in the Eucharist.



If someone at school asked you why you go to church on Sunday, what would you say?

What are some important ways you can prepare to encounter Jesus?



HOW DO WE PREPARE FOR JESUS EACH WEEK??

Tips on how to do this

PREPARE FOR MASS

1. Dress with respect – Let us match what is in our heart to the way we dress to receive Jesus.
2. Prepare your Heart – Prepare the inside by fasting one hour before mass and to say sorry for your sins.
3. Position yourself for Prayer – Make sure you are focused on what is going to take place so you can hear the Word of God and be ready to receive Him.
4. Receive the Readings – Look up the readings on our website or USCCB site before mass so you can more fully understand what is being read.
5. Be Honest with God – Tell him what is on your heart after you receive him in the Eucharist.
6. Don't spectate, participate – sing, say the prayers be active in mass.

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CHOSEN VIDEO

Lesson 15.3 Preparing for Mass

PREPARE FOR MASS

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ACTIVITY

Invite one person to attend mass with you this weekend. If you don't go regularly, then ask your parents to take you so you can experience Jesus!

Pray for the
things you need
Jesus to help
you with in your
life today

PRAYER TIME

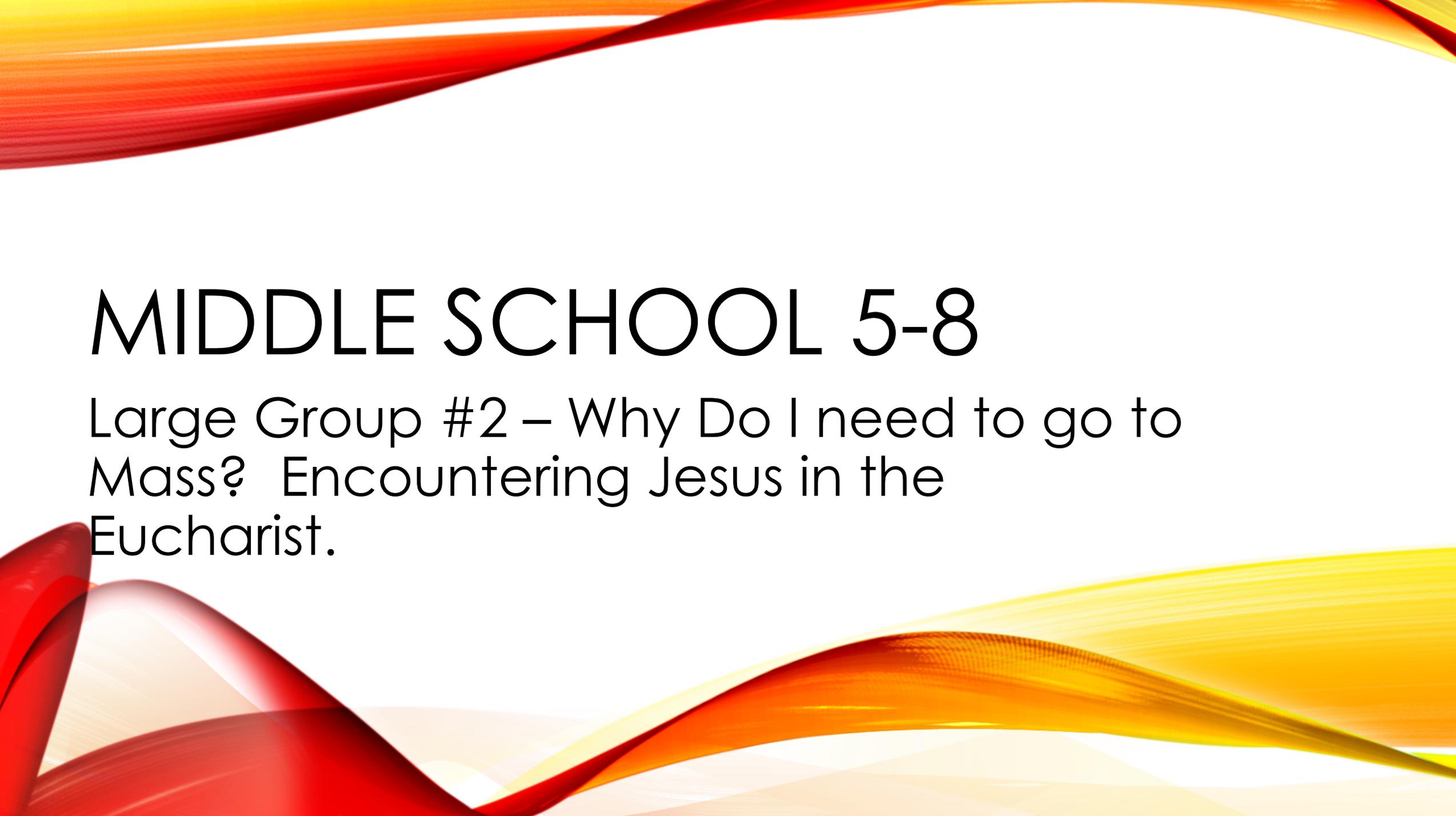




Closing Prayer

John 6:35 – “I am the bread of life; he who comes to me shall not hunger, and he who believes in me shall never thirst.”

Lord Jesus, you are infinitely powerful, but it's so easy to overlook you, so easy to forget the great mystery of your presence in the Holy Eucharist. You call to us in your quiet way, waiting for us to seek you. You hunger to transform our lives. You thirst to save our souls. Give us the grace to recognize our own hunger for you and to seek you at Mass with a holy reverence. Amen



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