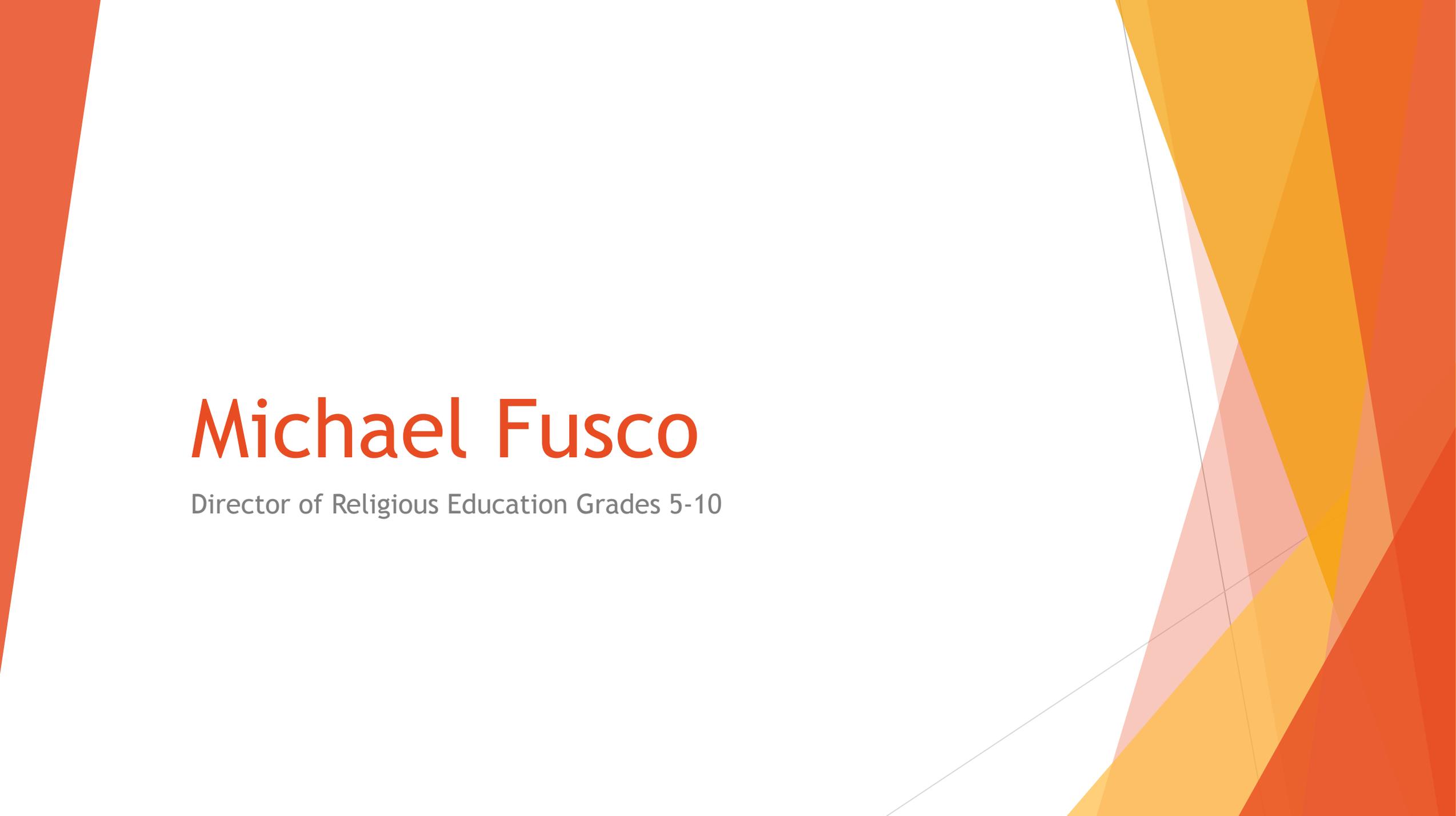


Spotlight Lesson 2
Saint Helen's Grades 5-8
The Origins of the Mass

The background features abstract geometric shapes in shades of orange and yellow, primarily on the right side, with a white background on the left.

Michael Fusco

Director of Religious Education Grades 5-10

Welcome and Rules for Livestream

- ▶ Have Fun!!
- ▶ Learn something from this event
- ▶ The chat room is to be used sparingly. You are welcomed to greet each other but during the session we request that it not be used unless we ask you to use it.
- ▶ Chat will be monitored by Saint Helen's staff
- ▶ Feel free to pass this along to others for their use. You can watch as many times as you like!

Opening Prayer

Nicene Creed

- ▶ I believe in one God,
the Father almighty,
maker of heaven and earth,
of all things visible and invisible.
- ▶ I believe in one Lord Jesus Christ,
the Only Begotten Son of God,
born of the Father before all ages.
God from God, Light from Light,
true God from true God,
begotten, not made, consubstantial with the Father;
through him all things were made.
For us men and for our salvation
he came down from heaven,
and by the Holy Spirit was incarnate of the Virgin Mary,

and became man.

For our sake he was crucified under Pontius Pilate,
he suffered death and was buried,
and rose again on the third day
in accordance with the Scriptures.

He ascended into heaven
and is seated at the right hand of the Father.

He will come again in glory
to judge the living and the dead
and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son is adored and glorified,
who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church.

I confess one Baptism for the forgiveness of sins
and I look forward to the resurrection of the dead
and the life of the world to come. Amen.

Goals of the Lesson

- ▶ Learn the Origins of the Mass
- ▶ To learn more about the Last Supper
- ▶ To know Jesus is fully present in the Eucharist

Do You Know?

- ▶ The Mass is the memorial of Jesus' Passion and Resurrection. This was offered at the Last Supper.
- ▶ The Mass we celebrate today has the same essential elements and structure that was present in the early Church.
- ▶ The Mass remains the same throughout the world uniting all of us.

Back in Time: A snapshot of the Last Supper

- The mass we know and love today comes from the Last Supper where Jesus and the Apostles celebrated the Passover or Seder Meal.
- The Seder Meal recalls the time when God freed the Israelite people from Egypt where they were slaves. Check out Exodus in the Bible. (we covered this 2 years ago!)

Back in Time: A snapshot of the Last Supper

- At this meal Jesus transforms the Passover meal into something new!
- Let's look at Luke 22:19-20
- ¹⁹ **Jesus Gives His Body and His Blood.**^[ig] Then he took bread, and after giving thanks he broke it and gave it to them, saying, “This is my body, which will be given for you. Do this in memory of me.” ²⁰ And he did the same with the cup after supper, saying, “This cup is the new covenant in my blood, which will be poured out for you.
- Do those lines sound familiar? Yes! We hear them each week at Mass.

Back in Time: A snapshot of the Last Supper

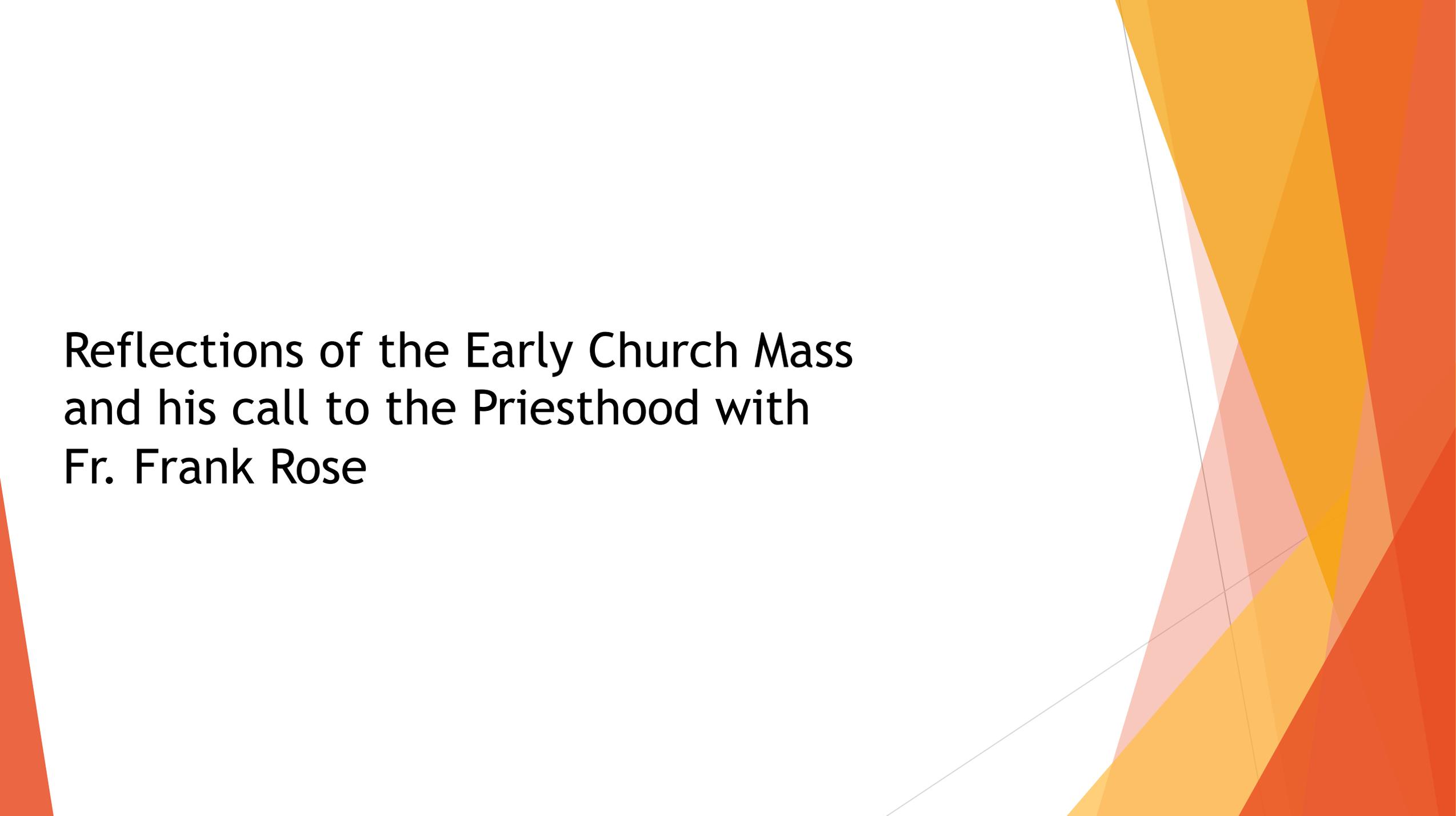
- ▶ When the Jewish people celebrated Passover, they placed the blood of a sacrificial lamb on their door so death would pass over them. At the Last Supper and through His Passion and death on the cross, Jesus becomes the sacrificial lamb and saves us from slavery and eternal death through His blood. (CCC 613, 1340)
- ▶ Similar to the way the Israelites celebrated Passover as a memorial of their freedom from Egypt, Catholics celebrate the Mass as the memorial of our freedom from sin bought by Christ's Passion, death, and Resurrection
- (LifeTeen: EDGE SPG: Now and Forever Time Machine)

Back in Time: A snapshot of the Last Supper

- ▶ Whenever we participate in the Mass, we remember that Jesus gave His life for us but not just for us; He gave His life for the whole world.
- ▶ The word “catholic” is not just the name of the Church we are a part of. The word “catholic” means “universal.” This means that the Church’s mission of sharing Christ is meant for the whole world. (CCC 830-831)
- ▶ Mass is celebrated in the same way across the entire world. This is just one example of how our church is “universal.”
- ▶ With all the different time zones and different times people celebrate the mass, there is always someone, somewhere in the world celebrating the mass.
- (LifeTeen: EDGE SPG: Now and Forever Time Machine)

True God, True Man

- ▶ God created everything, Jesus is True God and True man, He came to save us from our sins. We say this at mass to remind us of what we believe in.
- ▶ Jesus is truly present in the Eucharist. At the Last Supper Jesus gives us this gift.
- ▶ Attending Mass is more than just showing up. We receive the True Presence of Jesus in the Eucharist. He feeds us, heals us and forgives us!



Reflections of the Early Church Mass
and his call to the Priesthood with
Fr. Frank Rose

Questions for Today

1. The Last Supper was a special dinner both in tradition and importance.
 - a) What is a family tradition you have?
 - b) What is a meal that brings together your family?
 - c) Name one important day for your family.
2. Ask your parents to talk about what mass was like then they were your age.
 - a) Did they grow up here at Saint Helen? If so how was it different than today?
 - b) What was it like to have mass in the “old” church?
 - c) Did they have a favorite priest? Who was it and why?
 - d) What was the music like then?
3. If they grew up some place else, what was that experience like?
4. Do you have any mass traditions? Such as going out to breakfast or dinner after? Explain.
5. Challenge Question: When you attend mass this week focus on the liturgy of the Eucharist.
 - a) Watch what the priest does and says. After mass, write down your thoughts on what you just experienced.

Scripture Reflection

- ▶ Read the scripture
- ▶ Close your eyes and try and think about what this passage is saying to you.
- ▶ Read the scripture again and ask yourself how you can respond to this
- ▶ Have a short discussion on the scripture passage with a family member or person in your group.

The Last Supper^[d]

The Preparations for the Passover.^[e] When the day of the feast of Unleavened Bread arrived, on which the Passover lamb had to be sacrificed, ⁸ Jesus sent Peter and John, saying, “Go and make the preparations for us to eat the Passover.” ⁹ They asked him, “Where do you want us to make the preparations?”

¹⁰ He replied, “When you enter the city, a man will meet you carrying a jug of water. Follow him into the house that he enters ¹¹ and say to the master of the house, ‘The Teacher says this to you: “Where is the room where I can eat the Passover with my disciples?” ’ ¹² Then he will show you a large upper room that is furnished. Make the preparations there.” ¹³ They went forth and found everything just as he had told them, and they prepared the Passover.

¹⁴ **The Last Supper.**^[f] When the hour came, Jesus took his place at table along with the apostles. ¹⁵ He said to them, “I have eagerly desired to eat this Passover with you before I suffer. ¹⁶ For I tell you that from this moment on I shall never eat it again until it is fulfilled in the kingdom of God.”

¹⁷ Then he took a cup, and after giving thanks he said, “Take this and share it among yourselves. ¹⁸ For I tell you that from this moment I will not drink of the fruit of the vine until the kingdom of God comes.”

<https://odbfilms.com/film/the-eucharist-you?462f921664>

The Eucharist and You

OBD Films

Outside Da Box - Paulist Evangelization Ministries

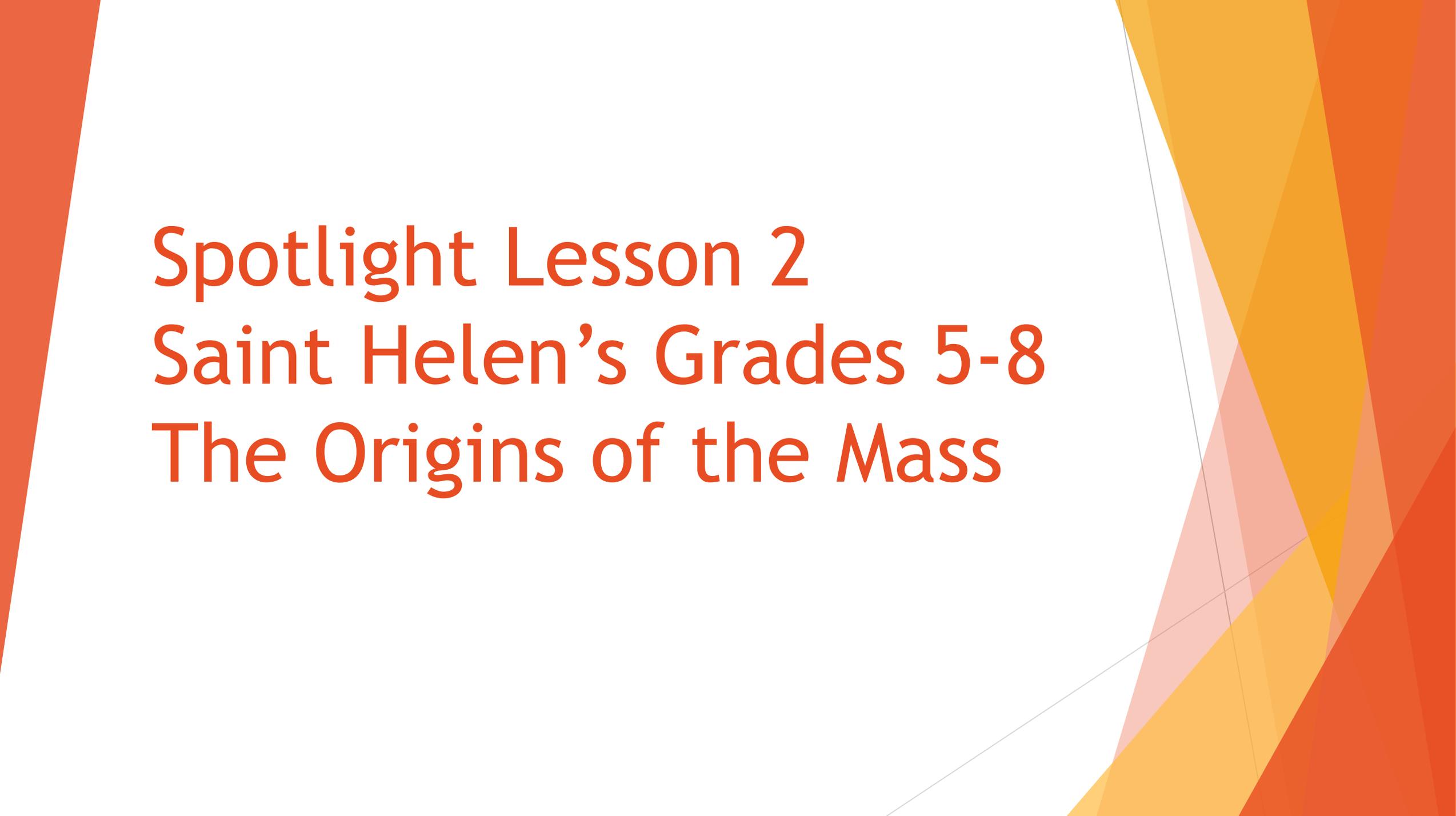
Wins and Spins

- ▶ Sit with your parents or the people in your group. Think about one really-good thing that happened to you today. (A Win)
- ▶ Type your “Win” for the day in the chat or talk with your parents about it.
- ▶ Think about one thing that did not go your way today or a mistake you made or something that made you feel sad, anxious or just not right.
- ▶ Each person will talk about their situation and then give advise to each other on how to Spin their bad situation into something positive or what they can learn from that situation
- ▶ TIP - Use the term “What Would Jesus Do” to help you when making suggestions to each other. Also think about a piece of scripture that may help someone with their situation.

Closing Prayer

- ▶ **Prayer to Jesus in the Holy Eucharist**

My Lord Jesus Christ, Your Eucharistic presence teaches me how to love as you have loved me. In your great love for me you continue to give yourself, body, blood, soul, and divinity in this sacrament of your love. As I pray here in your Eucharistic presence, enkindle in me the fire of your gospel. Nourish me with your love and compassion, so that I may be your living presence to all I meet. Amen.



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