

For Communicants Allergic to Wheat:

Gluten free wafers are considered to be invalid material for the Catholic Mass.

Low gluten wafers are approved for use in the Catholic Mass. They are made of wheat starch and water. Less than 0.01% gluten content. They are baked using positive air pressure to create a room that is totally free of contaminants. The equipment is not used for regular altar bread production and are wrapped separate to prevent cross contamination in transit and while stored.