**“RESPECT FOR LIFE” RESOURCES**

**Post Abortion Healing –**

Rachel’s Vineyard Retreat is a safe place to renew, rebuild, and redeem hearts broken by abortion. Healing Weekends offer a supportive, confidential and non-Judgmental environment where women and men can express, release and reconcile painful post-abortive emotions and find healing after abortion.

Respect Life Office

973-497-4350

(All calls will be kept confidential)

[www.rachelsvineyard.org](http://www.rachelsvineyard.org)

**Infertility –**

**The National Gianna Center for Women’s Health and Fertility™** provides general gynecological care, prenatal care, natural family planning education, and infertility services – all with a deep commitment to honoring a woman’s dignity and the sanctity of human life. The Gianna Center is committed to providing medical care that is consistent with the Ethical and Religious Directives for Catholic Healthcare Services.

The Catholic Healthcare Center for Women

254 Easton Avenue

New Brunswick, NJ 08901

732-745-8600

[www.saintpetershcs.com/giannacenter](http://www.saintpetershcs.com/giannacenter)

**Hospice Care - The Center for Hope Hospice & Palliative Care** provides compassionate and professional skilled care that eases the burdens associated with a terminal illness.

Peggy’s House Center for Hope - Elizabeth

& Admin Offices Hospice Residence

1900 Raritan Road 111 Dehart Place

Scotch Plains, N.J. 07076 Elizabeth, N.J. 07202

908-889-7780 908-889-7780

 [www.centerforhope.com](http://www.centerforhope.com)

**Neonatal Palliative Care –**

 **Prenatal Partners For Life**

Support for carrying to term with an adverse diagnosis and for raising your child with special needs. Website also lists Adoption agencies with clients waiting to adopt a special-needs child.

[www.PrenatalPartnersForLife.org](http://www.PrenatalPartnersForLife.org)

**Isaiah’s Promise**

Support for families carrying to term after a severe or fatal prenatal diagnosis.

[www.IsaiahsPromise.net](http://www.IsaiahsPromise.net)

**Be Not Afraid**

Comprehensive, practical, and peer-based support for parents experiencing a prenatal diagnosis and carrying to term.

[www.BeNotAfraid.net](http://www.BeNotAfraid.net)

**Perinatal Hospice**

[www.PerinatalHospice.org](http://www.PerinatalHospice.org)

**Alexandra’s House**

Alexandra’s House is a perinatal hospice program located in Kansas City, Missouri. They serve families and their babies who are expected to die near or shortly after birth due to various fetal anomalies. Alexandra’s House assists with birth planning, doctor visits, testing, labor and delivery, memorial services, and bereavement care. They offer comfort and meaning to suffering families.

[www.AlexandrasHouse.com](http://www.AlexandrasHouse.com)

**Housing Assistance during a pregnancy:**

**Several Sources Shelter’s** mission is through God's Grace to save babies' lives and shelter their young mothers while providing education and ongoing compassionate support services; to educate young people to make healthy life choices; and to shelter women who are homeless, sick and elderly restoring their dignity.

Several Sources Shelters
P.O. Box 157
Ramsey, NJ 07446
201-818-9033

[www.severalsources.org](http://www.severalsources.org)

**Good Counsel Homes** is a nationally recognized nonprofit leader and innovator in creating supportive residential care and community-based services for homeless, expectant, and new mothers and their children in the context of the Catholic social tradition. Good Counsel today operates four homes in the Bronx, Harrison, Spring Valley and Staten Island, New York and one in New Jersey. Good Counsel also conducts a post-abortion ministry and referral network called Lumina and operates a national Helpline for new and expectant mothers.

 800-723-8331

 [www.goodcounselhomes.org](http://www.goodcounselhomes.org)

**Raphael’s Life House** is a non-sectarian transitional home for pregnant homeless women. The goal is to assist these women in establishing an independent living situation for themselves and their babies through on-site services that include tutoring, case management, computer training, home economics, nutrition training and assistance with housing and job opportunities. Each woman shares quarters with her baby in a safe, loving and supporting environment for up to one year.

Raphael’s Life House
231 Court Street

Elizabeth, N.J.

908-354-4750

 [www.covenanthousenj.org/how-we-help/continuum-of-care/raphaels-life-house](http://www.covenanthousenj.org/how-we-help/continuum-of-care/raphaels-life-house)

**Catholic Community Services**

Catholic Charities of the Archdiocese of Newark
590 North 7th Street
Newark, NJ 07107
973-596-4100

 [www.ccannj.com](http://www.ccannj.com)

**Other Resources –**

**Terri Schiavo Life & Hope Network** is a 501(c)(3) non-profit group dedicated to helping persons with disabilities and the incapacitated who are in or potentially facing life-threatening situations. Incorporated in 2001 to fight for the life of Terri Schindler Schiavo, the focus of Terri's Life & Hope Network now and in the future is to help others avoid tragedies that reflect what Terri endured.

Terri Schiavo Life & Hope Network
2020 Pennsylvania Ave NW #367

Washington, DC 20006

1-855-300-HOPE (4673)

**email**: infor@lifeandhope.com [www.lifeandhope.com](http://www.lifeandhope.com)

**Respect Life Office of the Archdiocese of Newark has as its mission to promote the Catholic Church’s teaching on the respect, care and protection of human life from conception to natural death. It does this by providing clear explanations of the Church’s teaching on human sexuality and human life issues.**

 973-497-4350

<https://rcan.org/offices-and-ministries/respect-life>

**The National Catholic Bioethics Center (NCBC)** established in 1972, conducts research, consultation, publishing and education to promote human dignity in health care and the life sciences, and derives its message directly from the teachings of the Catholic Church. The results of this research are available through this website and our various educational and publishing activities, workshops and seminars.

[www.ncbcenter.org](http://www.ncbcenter.org)

**LIFENET** is a non-profit educational organization reaching New Jersey communities with the facts about the humanity of the unborn child, abortion and other bio-ethical issues.

 973-497-4500

[www.lifeneteducation.org](http://www.lifeneteducation.org)

**Priests for Life** represents a family of ministries that reach and enrich every aspect of the pro-life movement, for clergy and laity alike, in a wide variety of activities.

 [www.priestsforlife.org](http://www.priestsforlife.org)

**Sisters of Life** represents a family of ministries that reach and enrich every aspect of the pro-life movement in a wide variety of activities.

 <http://Sistersoflife.org>

**Stem Cell Research Facts (SCRF)** serves as a valuable resource for information related to life-threating or life-changing diseases and conditions. SCRF provides concise information and scientific facts for those who are not scientists. Also, the website illustrates how current adult treatments and therapies using adult stem cells directly impact the lives of patients and their families today.

 [www.stemcellresearchfacts.org](http://www.stemcellresearchfacts.org)

**ABORTION ALTERNATIVES AND CRISIS PREGNANCY CENTERS –**

A list of Centers can be found on the New Jersey Right to Life website.

 <https://njrtl.org/resouces/crisis-pregnancy-centers>

**ADVANCE DIRECTIVES FOR HEALTH CARE** –

Documents which provide guidance when a person is no longer able to make health care decisions are called “advance directives.” It is recommended that those completing an advance directive also appoint health care representative(s) who is/are trusted and authorized to evaluate what the patient would want and to make those health care decisions. The Catechism of the Catholic Church provides clear guidance on end-of-life issues. The New Jersey Catholic Conference (NJCC) of Bishops has an “Advance Directives for Health Care” form which reflects the Catholic perspective. A copy can be downloaded from the NJCC website: www.njcathconf.org (Click on Respect Life Tab and then Living Will (Advance Directives for Health Care). The forms are also available in Spanish.

**END-OF-LIFE DECISIONS –**

A Catholic Guide to End-of-Life Decisions is a resource made available by the National Catholic Bioethics Center. This document provides a clear explanation of the Church’s teaching on end-of-life care, including advance directives and physician assisted suicide. Individual copies of this guide can be ordered online at [www.ncbcenter.org](http://www.ncbcenter.org) (Click on the Publication Tab, then click on End-of-Life Guide).

**STRUGGLING WITH PORNOGRAPHY** –

Trying to overcome a pornography addiction alone does not work. The following resources are available to those who want to give up their addiction to pornography and its destructive fall-out in their lives:

[www.reclaimsexualhealth.com](http://www.reclaimsexualhealth.com)

An anonymous, science-based Catholic online recovery program for those addicted to pornography. It is based on brain science combined with Catholic theology.

[www.integrityrestored.com](http://www.integrityrestored.com)

The work of Peter Kleponis, PhD, a Catholic psychotherapist who counsels those who are addicted to pornography, is presented. Information, resources and statistics are available.

[www.covenanteyes.com](http://www.covenanteyes.com)

Internet accountability software and tracking with web content filtering in wide use for teens, children and adults.

With the help of God’s grace, you will be able to conquer this addiction. Entrust yourself to Mary, she is the Queen and Mother of purity, and she will help you on this journey!

**GRIEF TO GRACE -**

**Grief to Grace**: Healing the Wounds of Abuse is a 5-7 day psychological and spiritual program for anyone who has suffered degradation or violation through physical, emotional, sexual, or spiritual abuse. It is appropriate for those who have endured sexual abuse, rape, incest, neglect, or other forms of traumatic violation in childhood, adolescence, or as an adult. It is also suitable for those who have suffered abuse by a member of the clergy.

Grief to Grace provides a professional therapeutic staff and all treatment is based on a firm Christian foundation as well as sound medical and psychological principles and a perceptive understanding of trauma. Grief to Grace is called to express the healing ministry of Jesus Christ by providing behavioral health services for victims of abuse with professional excellence, Christian integrity, and compassion.

Grief to Grace is a powerful psychological and spiritual journey providing safety and hope in the midst of emotional chaos. It provides a model of care that is therapy for the soul.

The Living Scriptures, together with journaling, group activities, therapeutic facilitation, cognitive restructuring, discussions and grief work, offers an effective healing process grounded in Jesus Christ, the Word of God, and the Sacraments.

[www.GrieftoGrace.org](http://www.GrieftoGrace.org)

Hotline: 610-203-2002

Local Contact -Archdiocese of Newark: Jeanne

 Info@GrieftoGrace.org